

School Counseling

Picotte Elementary School
Marybeth (Beth) L. Ferree, MAE, MPA
Picotte School Counselor



A big *hello* to Picotte Parents!

I am so happy to beginning my fourth year here at Picotte. I am more grateful still, for the opportunity to work with your children.

Why School



Counseling?

School counselors are here to serve your children by helping them grow socially and emotionally. We do this through guidance lessons in the classroom, small group work and individual meeting time.



When children are able to understand and regulate their emotions it puts them in a great position to find success in their academics, ultimately setting them up for a career that suits them based.





Guidance Lessons

I am in every single classroom, every ten days for 50 minutes, teaching a variety of skills related to three main focus areas: social/emotional, academic and career development.

Small groups/lunch bunch

I meet with students in all grades based on need. Small group settings focus on a particular skill area. It allows for children to hone in on an area they might struggle with and work alongside peers who are having similar issues, so they may grow and learn from one another.

Small groups are chosen through observation and data. Parents will always receive a request for his/her child to participate.



One on one with the Counselor

Anyone may request time to speak with the counselor: parent, teacher, administrator, or student. One on one time is considerate private and privacy is only suspended when there appears to be or there is a safety issue, at which time the counselor, as are all OPS employees, mandatory reporters.

A school counselor is not meant to provide therapy to the student. School counselors are meant to help problem solve, advocate, motivate and listen to understand perceived issues a child might be having. If at any point the issues appear severe, a recommendation for referral can be made.

How do I Reach the Counselor?

- Phone
- E-mail
- Click on the form below

Counselor Request Form

<https://forms.office.com/r/x7kJBMaey>

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